

Criterium VI Br&Br : Session: 94: COACH evaluation sheet for TEAM: ZCT

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Salaets Pieter

Coaches: Van der Borght Floris

Coaches: Loeman Efjennia

Coaches: Van Impe Inge HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 14:46	
Heat: 4/7 Lane : 1 Athlete: SALAETS TESS							Q-time: 03:18:77	
PB (25m pool): 03:18.77 Leuven 12/10/2025				PB (50m pool): no time SB: 03:18.77 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.87		01:32.51		02:30.81		03:18.77
	00:42.87		00:49.64		00:58.30		00:47.96	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 14:46	
Heat: 4/7 Lane : 4 Athlete: MEERSMAN LORE							Q-time: 03:19:41	
PB (25m pool): 03:19.41 Aarschot 04/05/2025				PB (50m pool): no time SB: 03:31.97 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.20		no time		no time		03:19.41
	00:50.20							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:5, starttime: 14:50	
Heat: 5/7 Lane : 3 Athlete: DE VOCHT FLORE							Q-time: 03:03:67	
PB (25m pool): 03:03.67 Leuven 12/10/2025				PB (50m pool): no time SB: 03:03.67 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.87		01:29.08		02:23.12		03:03.67
	00:40.87		00:48.21		00:54.04		00:40.55	
								

Coach feedback:

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Event number: 4: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 15:01
Heat: 1/5 Lane : 1 Athlete: SLAGMOLEN PIM					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 4: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 15:03
Heat: 2/5 Lane : 2 Athlete: SWEECK ISE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 4: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 15:05
Heat: 3/5 Lane : 1 Athlete: CRETSKENS LENISE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 4: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 15:05
Heat: 3/5 Lane : 2 Athlete: VANDEPOEL JEF					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 5: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 15:20
Heat: 5/10 Lane : 4 Athlete: CHRISTIAENS TUUR			Q-time: 00:54:36
PB (25m pool): no time			PB (50m pool): 00:54.36 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 15:30
Heat: 1/7 Lane : 3 Athlete: CHARLIERS OWNAH			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 15:34
Heat: 4/7 Lane : 4 Athlete: MEERSMAN LORE			Q-time: 00:48:82
PB (25m pool): 00:48.82 Aarschot 04/05/2025			PB (50m pool): 00:53.11 SB: no time
	2 5 M	5 0 M	
PB		00:48.82	
	00:48.82		
			

Coach feedback:

Event number: 7: 50M BUTTERFLY MIXED 10-9			Heat:1, starttime: 15:40
Heat: 1/1 Lane : 2 Athlete: ROCKELé ANNABEL			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

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Event number: 8: 100M FREESTYLE MEN 11+					Heat:4, starttime: 16:03
Heat: 4/11 Lane : 2 Athlete: CHRISTIAENS TUUR					Q-time: 01:38:05
PB (25m pool): 01:38.05 Aarschot 04/05/2025					PB (50m pool): 01:40.69 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.30		01:38.05	
	00:45.30		00:52.75		
					

Coach feedback:

Event number: 9: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 16:19
Heat: 1/7 Lane : 3 Athlete: CHARLIERS OWNAH					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:2, starttime: 16:36
Heat: 2/5 Lane : 2 Athlete: VANDEPOEL JEF					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:2, starttime: 16:36
Heat: 2/5 Lane : 4 Athlete: CRETSKENS LENISE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:3, starttime: 16:39
Heat: 3/5 Lane : 1 Athlete: SLAGMOLEN PIM					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:4, starttime: 16:42
Heat: 4/5 Lane : 1 Athlete: SWEECK ISE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:5, starttime: 16:44
Heat: 5/5 Lane : 1 Athlete: ROCKELé ANNABEL					Q-time: 01:40:91
PB (25m pool): 01:40.91 Tienen 26/10/2025 PB (50m pool): no time SB: 01:40.91 Tienen 26/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.41		01:40.91	
	00:51.41 00:49.50				
					

Coach feedback:

Event number: 11: 50M BUTTERFLY MEN 11+					Heat:1, starttime: 16:47
Heat: 1/7 Lane : 2 Athlete: TORDOIR MILAS					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

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Event number: 11: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 16:47
Heat: 1/7 Lane : 3 Athlete: WINDEY LOUIS			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 11: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 16:50
Heat: 3/7 Lane : 1 Athlete: MEERSMAN JONAS			Q-time: 00:51:86
PB (25m pool): no time			PB (50m pool): 00:51.86 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 11: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 16:51
Heat: 4/7 Lane : 4 Athlete: SOENS JACK			Q-time: 00:47:08
PB (25m pool): 00:47.08 Tremelo 12/01/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:47.08	
	00:47.08		
			

Coach feedback:

Event number: 12: 50M BACKSTROKE WOMEN 11+			Heat:1, starttime: 16:57
Heat: 1/6 Lane : 4 Athlete: SALAETS TESS			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

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Event number: 12: 50M BACKSTROKE WOMEN 11+										Heat:2, starttime: 16:59	
Heat: 2/6 Lane : 2 Athlete: DE VOCHT FLORE										Q-time: 99:99:99	
PB (25m pool): no time					PB (50m pool): no time SB: no time						
	2 5 M		5 0 M								
PB			no time								
	no time										
											

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11+							Heat:1, starttime: 17:07	
Heat: 1/6 Lane : 1 Athlete: WINDEY LOUIS							Q-time: 03:53:32	
PB (25m pool): 03:53.32 Leuven 12/10/2025				PB (50m pool): no time SB: 03:53.32 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		01:00.75		01:57.14		03:05.00		03:53.32
	01:00.75		00:56.39		01:07.86		00:48.32	
								

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11+							Heat:1, starttime: 17:07	
Heat: 1/6 Lane : 2 Athlete: TORDOIR MILAS							Q-time: 03:36:70	
PB (25m pool): 03:36.70 Leuven 12/10/2025				PB (50m pool): no time SB: 03:36.70 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.65		01:37.56		02:49.33		03:36.70
	00:47.65		00:49.91		01:11.77		00:47.37	
								

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11+							Heat:2, starttime: 17:12	
Heat: 2/6 Lane : 3 Athlete: MEERSMAN JONAS							Q-time: 03:28:09	
PB (25m pool): 03:28.09 Leuven 12/10/2025				PB (50m pool): no time SB: 03:28.09 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.35		01:44.40		02:42.67		03:28.09
	00:51.35		00:53.05		00:58.27		00:45.42	
								

Coach feedback:

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Event number: 13: 200M MEDLEY MEN 11+							Heat:3, starttime: 17:16									
Heat: 3/6 Lane : 3 Athlete: SOENS JACK							Q-time: 03:14:77									
PB (25m pool): 03:14.77 Leuven. 23/02/2025									PB (50m pool): no time SB: no time							
	2 5 M		5 0 M		7 5 M		1 0 0		1 2 5		1 5 0		1 7 5		2 0 0 M	
PB			00:49.28				no time				no time				03:14.77	
	00:49.28															
																

Coach feedback: